

L'HOTEL

PORTOBAY

SPA AT L'HOTEL PORTOBAY

PRECISION TREATMENTS

LYMPHATIC DRAINAGE // 50min

BRL 260

TREATMENT THAT HAS AS MAIN OBJECTIVE DETOXIFYING ADIPOUS CELLS (FAT CELLS), CONTRIBUTING TO ELIMINATION OF EXCESS LIQUIDS AND IMPROVING THE IMMUNE SYSTEM. ALSO APPLIED IN POST-SURGICAL CASES FOR REDUCTION OF SWELLING AND IN THE TREATMENT OF CELLULITE REDUCTION

BODY MASSAGES

CLASSIC MASSAGE // 30 min

BRL 160

RELAXING MASSAGE APPLIED THROUGH THE ASSOCIATION OF TECHNIQUES, AIMING TO IMPROVE BLOOD CIRCULATION, NOURISH TISSUES AND MITIGATE MUSCLE PAIN, ACTING SIMULTANEOUSLY ON THE PHYSICAL AND PSYCHOLOGICAL LEVEL.

45 min BRL 260

60 min BRL 340

SHIATSU // 30 min

BRL 180

ORIENTAL BODY THERAPY, APPLIED THROUGH THE PRESSURE OF THE FINGERS THROUGHOUT THE BODY. AS IT IS A PREVENTIVE MASSAGE, IT AIMS TO PROMOTE THE ENERGY AND PHYSICAL BALANCE, RESULTING IN LIGHTNESS AND WELL-BEING.

45 min BRL 260

60 min BRL 340

HOT STONES // 50 min

BRL 280

THIS MASSAGE INCORPORATES THE HEAT OF PURE ESSENTIAL OILS THAT SLIDE AROUND THE BACK AND USES HEATED VOLCANIC STONES TO RELIEVE THE TENSIONS ACCUMULATED IN THE MUSCLE TISSUE.

THERAPIES WILL HAVE AN INCREASE OF 5% RELATED TO THE SERVICE TAX (ISS)