

LYMPHATIC DRAINAGE // 50M

TREATMENT THAT AIMS TO DETOXYFAT FAT CELLS,
THAT STIMULATES THE BODY'S LYMPHATIC SYSTEM,
CONTRIBUTING THE REMOVING LIQUID EXCESS AND
IMPROVING THE IMMUNE SYSTEM.

ALSO USED IN POST-SURGICAL CASES TO DECREASE
SWELLING IN THE TREATMENT AND CELLULITE REDUCTION.

R\$ 190

CLASSIC MASSAGE // 30M

RELAXING MASSAGE APPLIED THROUGH A COMBINATION
OF TECHNIQUES, AIMING TO IMPROVE BLOOD CIRCULATION,
NOURISH TISSUES, RELIEVE TIGHT MUSCLES
AND REDUCING LOCALIZED PAIN, ENSURES PHYSICAL
AND PSYCHOLOGICAL WELL-BEING.

R\$ 130

+

15M

30M

45 min

R\$ 165

60 min

R\$ 220

SHIATSU // 30M

A TECHNIQUE ORIGINATED IN JAPAN WHEREBY PRESSURE
IS APPLIED USING THE FINGERS ON SPECIFIC POINTS
OF THE BODY, PROMOTING THE RELAXATION
OF THE NERVOUS SYSTEM AND ENERGETIC BALANCE.

R\$ 110

AIMS TO REBALANCE THE IMMUNE, ENDOCRINE,
DIGESTIVE AND NERVOUS SYSTEM.

+

15M

30M

45 min

R\$ 150

60 min

R\$ 195

DAY SPA EXPERIENCE* // 8H

MASSAGE, GYM, MEALS . . .

BREAKFAST BUFFET AT TREBBIANO,

ACCESS TO THE FITNESS CENTER, SAUNA AND SWIMMING POOL,

CLASSIC MASSAGE (60M), LYMPHATIC DRAINAGE (30M),

JAPANESE BATH (30M), FACIAL MOISTURIZING (30M)

AND LIGHT LUNCH AT THE SPA.

R\$ 800

EXPRESS SPA EXPERIENCE* // 4H

ACCESS TO THE FITNESS CENTER, SAUNA

AND SWIMMING POOL, CLASSIC MASSAGE (60M),

OFURÔ (30M) AND LIGHT SANDWICH AT THE SPA.

R\$ 350